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# Publish a Book: Inkandescent Publishing

www.lnkandescentPublishing.com

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#### INKANDESCENT PUBLISHING CO. — 8 Steps to Writing a Great Book InkandescentPublishing.com

YOU HAVE A BOOK INSIDE YOU, DON'T YOU? From fleshing out the concept to creating the outline and editing the book as you go, the Inkandescent team will bring your vision to life: <a href="InkandescentPublishing.com">InkandescentPublishing.com</a>

Step 1: Close your eyes and envision your book — Get in the most comfortable place you find (your bed, tub, or sofa) and sink into a deep meditative state where time dissolves and you are looking into the future

- What does the cover look like? How many pages does it have? How many chapters?
- What is the message you want readers to take away?
- Who do you want to buy your book: older men, 50something women, teens, kids?

#### Step 2: Create an outline — Write the titles on 3x5 cards so you can play with the order.

- Name each chapter
- Write a sentence to describe what you'll writing about in each chapter
- Write a sentence about what you want the reader to take away from each chapter

# Step 3: Write the introduction to the book — Let the first version of the intro flow out of you, like you would a diary entry or letter to a friend. Don't edit yourself in the first go-round, just share your vision.

- Let what you've written sit for a day then go in and re-read and make edits
- Let that sit another day, then finalize the intro and send it to Hope

# Step 4: Organize the chapters — Now that you have the introduction written, you'll have a better idea about the flow of the chapters.

- Finalize the flow of the chapters although this isn't really final until it is
- Take a day to let it rest
- Come back and see if you like the organization
- Then finalize although this isn't really final until it is

#### Step 5: Begin writing chapter 1 — Let it flow out of you without editing yourself.

- After you write it, let it sit for a day then go in and re-read and make edits
- Let that sit another day, then finalize
- Send to Hope for edits and to post on InkandescentPublishing.com website and others

#### Steps 6: Repeat Step 5 until all of the chapters are written

- · After you write it, let it sit for a day then go in and re-read and make edits
- Let that sit another day, then finalize and send it to Hope

#### Step 7: Hope will be your Writing Coach

- A Martha Beck-trained Life Coach, Hope will use access tools to help you get through any obstacles that may pop up during the writing process
- Hope will make edits and compile the manuscript along with you as you go.
- Before you know it, it'll be time for Step 8 PR and marketing!

### Step 8: Design, Printing, Promotion and More: https://inkandescentwomen.com/books

- **Design:** Our Inkandescent Books are designed by Cindy Seip, an award-winning designer and photographer based in Miami, FL. See her work at <a href="https://seipdesign.miami">https://seipdesign.miami</a>
- **Printing:** The books are designed as pdf files, which become part of your Collection to be sold through our store: www.InkandescentShop.com.
- **Promotion:** Chapters of your book will be promoted on our websites BeInkandescent Health & Wellness magazine: <a href="www.BeInkandescent.com">www.BeInkandescent.com</a>, our book website <a href="www.InkandescentPublishing.com">www.InkandescentBublishing.com</a> and our magazine for women <a href="www.InkandescentWomen.com">www.InkandescentWomen.com</a>. Plus, we'll get you In the News, and feature you on social media. You will also be interviewed and featured on <a href="www.InkandescentRadio.com">www.InkandescentRadio.com</a> and our YouTube channel, <a href="www.Inkandescent.tv">www.Inkandescent.tv</a>